



Not In Our School Trainer-of-Trainers Pre-Conference

Sparking Action for Safe, Inclusive Schools
Friday, June 20, 2014 | Billings, Montana



Across the country, students and teachers are sharing stories, joining together, and taking action to end bullying and intolerance. They are part of a movement called Not In Our School (NIOS).

Join educators and students from around the nation for an inspiring day of stories, tools, and strategies for promoting a positive school climate of safety and inclusion for all. The training includes:

- Step-by-step action plans for starting your own NIOS campaign
- Best practices for using NIOS resources in your school, from two decades of successful NIOS anti-bullying initiatives
- Insights into the social-emotional and academic impact of bullying
- Tools for supporting targets of bullying, and transforming those who bully
- Tactics for teaching bystanders to become upstanders

**Register for
both today!**
[www.niot.org/
gathering/2014](http://www.niot.org/gathering/2014)

Special registration
discounts are available.



Not In Our Town National Leadership Gathering

Shining a Light, Together

Friday, June 20–Sunday, June 22, 2014

Billings, Montana

Join local heroes from around the country for three amazing days of ideas, storytelling, multimedia, and action planning—all focused on building safe, inclusive communities for everyone.

- Get inspired at strategy sharing and problem-solving workshops organized by real Not In Our Town groups from across the country.
- Experience interactive panels, trainings and NIOT method activities highlighting powerful stories of transformation.
- Learn how to use short films to spark positive action in your town.
- Take away plans for making your town a NIOT Gold Star City.
- Attend a premiere screening of the new Not In Our Town PBS film.

**University Units for the Pre-Conference and National Leadership
Gathering are available through Dominican University.**

Visit bit.ly/NIOS_CEU.

You can take a stand against bullying and intolerance.

By Becki Cohn-Vargas, Ed.D, Director, Not In Our School



Bullying—what is it, really?

When someone stronger, older, or with more social status harms another person through physical, verbal, or relational means, like leaving that person out, spreading rumors, or making up mean-spirited dramas about them—you've got a bullying situation. If this is done through texting, emails, or on social media, it's called cyberbullying. Bullying can happen in preschool or college, and even beyond. It can happen anywhere, from the locker room to the bus stop. And anyone can be bullied.

What is intolerance, and what does it have to do with bullying?

Intolerance is a negative attitude that is extended to a group of people, and is revealed through comments that insult a person's ethnicity, language, sexual orientation, religion, or ability. These insults may be learned from friends, family, teachers, coaches, or other people—but they can also be learned from the media, music, or the Internet. People who are perceived to be different from the mainstream are often targets of intolerance.

Do you know the damage caused by bullying and intolerance?

While bullying rarely leads to suicide, it often results in depression and lower grades, which can create long-term emotional damage. Thousands of students miss school each day due to bullying. Being teased because of identity—race, ethnicity, religion, perceived sexual orientation, disability, or appearance—can impact a person for life.

Join the Not In Our School and Not In Our Town movements.

Not In Our Town (NIOT) is a national campaign that guides, supports and inspires individuals and their communities to work together to stop hate and build safe, inclusive communities for all. NIOT documents and shares the experience of people developing ways to stand up to bigotry and promote vibrant, diverse towns and schools through film, social media and grassroots community engagement.

Not In Our School is a network of youth and educators in schools who address bullying and seek positive solutions. NIOS films and lesson plans are filled with ideas for you to use, including flash mobs, poster contests, and mentoring activities. Many schools create Not In Our School clubs or hold a NIOS week to address bullying and intolerance!

Are you working to help make your school safe and inclusive?

Tell us what you're doing, and we'll share it on our website.

info@niot.org | notinourschool.org | niot.org